

Code of Conduct

A policy for **gymnasts** to follow, to uphold the clubs values.



Gymnasts should...

- Arrive on time and if late ask permission to join class.
- Dress suitably for their class.
- Tie all long hair back away from the face.
- Not wear jewellery in the gym. Earrings which cannot be removed should be taped before the class. Religious or medical jewellery should be suitably covered.
- Never leave valuables in the waiting room. Where possible please leave all valuables at home. The club cannot be held responsible for the loss of such items.
- Not to climb on or use any equipment unless instructed to do so by a member of the coaching team.
- Turn off mobile phones and not use them in the gym.
- Never leave the building unaccompanied.

Smoking, drinking alcohol or taking drugs is strictly prohibited.

Participants are expected to...

- Listen carefully and follow the instructions of the coaching team at all times.
- Maintain good standards of behaviour at all times.
- Let your lead coach know if you are leaving the gym.
- Treat the facility and other people's belongings with respect.
- Be polite and considerate to others.
- Be patient; wait for your turn sensibly.
- Avoid using bad language.

Breaches of the clubs code of conduct will be managed via our behavioural policy.

Code of Conduct

A policy for **parents/guardians** to follow, to uphold the clubs values.



Parents and carers should...

- Encourage your child to adhere to the codes of conduct.
- Set a good example by recognising good performance, not just results, along with good sportsmanship.
- Ensure fees and insurances are paid on time. Discuss any payment problems with the club straight away for assistance.
- Never force your child to participate if they don't want to, it maybe that they no longer enjoys gymnastics.
- Always make sure your child has the correct attire as laid out in the clubs 'what to wear' section, and a drink for the session.
- Keep the club up to date if your child has illness or absences, especially those lasting longer than 2 weeks.
- Share any concerns or complaints through the correct channels (as laid out in our complaints policy)
- Parents or careers should never use inappropriate language or hand signals at any time.
- Never punish or belittle a child for poor performance or making mistakes.
- Try not to talk to or over the coaches or gymnasts during the lesson. This can be dangerous and is not tolerated.
- Always drop your child off and collect your child promptly every session.
- Inform the club of any changes in contact details, or changes at home that may effect how we communicate together.
- Be open and honest with our coaching team with regards to additional needs, physical or mental health.

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